



CALENDRIER
2025
CALENDAR

In support of
The Ottawa Hospital Neonatal Intensive Care Unit (NICU)
& The Ottawa First Responders Foundation



Ottawa First Responders
FOUNDATION
In this family, no one stands alone.



The Ottawa Hospital | L'Hôpital d'Ottawa



Ottawa
Fire
Services



Service des
Incendies
d'Ottawa

On Saturday, October 28th 2023, between the hours for 12am and 2am, Firefighters and staff from the Ottawa Hospital safely moved 17 neonatal ICU babies from the 8th floor ICU down eight flights of stairs to be taken to CHEO due to the power loss from the fire at the hospital that started the night before. Most of the babies were under 1000 grams (2.2 pounds). Also, prior to midnight, Firefighters carried 4 women in labour down the stairs using chairs and multiple women who had just given birth so they could be brought to different hospitals.

On November 7th 2023, Firefighters returned to the Ottawa Hospital to surprise the amazing Doctors, Nurses & Medical Staff who they worked with to safely transport 17 NICU babies to safety after a fire at the Ottawa Hospital on Friday, October 27th 2023 with a framed photo and gave them each one of our official challenge coins. Oh, and of course a special Ottawa Fire Services Stork Coin for all the babies as well.



Le samedi 28 octobre 2023, entre minuit et 2 h, les pompiers et le personnel de l'Hôpital d'Ottawa ont déplacé en toute sécurité 17 bébés de l'unité de soins intensifs néonataux du huitième étage au rez-de-chaussée en passant par les escaliers afin de les emmener au CHEO en raison d'une panne d'électricité due à l'incendie qui s'était déclaré à l'hôpital la veille, en soirée. La plupart des bébés pesaient moins de 1 000 grammes (2,2 livres). De plus, avant minuit, les pompiers ont transporté quatre femmes en plein accouchement dans les escaliers à l'aide de chaises et plusieurs femmes qui venaient de donner naissance afin qu'elles puissent être transportées dans différents hôpitaux.

Le 7 novembre 2023, les pompiers sont retournés à l'Hôpital d'Ottawa pour surprendre les extraordinaires médecins, infirmières, infirmiers et membres du personnel médical avec qui ils ont collaboré pour transporter en toute sécurité les 17 nourrissons de l'unité de soins intensifs néonataux à la suite d'un incendie qui s'était déclaré à l'hôpital deux semaines plus tôt, afin de leur remettre une photo encadrée et nos jetons souvenirs officiels. Et évidemment, nous avons remis des jetons souvenirs du Service des incendies d'Ottawa à l'effigie d'une cigogne, tout particuliers pour les 17 bébés également.





Photo credit: Ashley Metzger @YourStory.CreativeCo



AMIAS

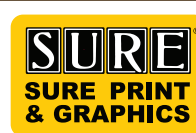
Birth Weight: 1182 g

Brendan White

Something special about Amias is that he lights up every room he enters with his bubbly smile.

JANVIER 2025 JANUARY

DIM SUN	LUN MON	MAR TUE	MER WED	JEU THU	VEN FRI	SAM SAT
<p>DÉC / DEC (2024)</p> <p>DIS LIM MIT MIW JIT VIF SIS</p> <p>1 2 3 4 5 6 7</p> <p>8 9 10 11 12 13 14</p> <p>15 16 17 18 19 20 21</p> <p>22 23 24 25 26 27 28</p> <p>29 30 31</p>	<p>FÉV / FEB</p> <p>DIS LIM MIT MIW JIT VIF SIS</p> <p>1</p> <p>2 3 4 5 6 7 8</p> <p>9 10 11 12 13 14 15</p> <p>16 17 18 19 20 21 22</p> <p>23 24 25 26 27 28</p>		<p>1 Jour de l'an New Year's Day</p>	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	





HEDY

Birth Weight: 2000 g



Scott Grakist

Hedy falls asleep whenever his face touches a piece of fabric. He puts his thumb in his mouth and closes his eyes thinking it's bedtime. :)

Photo credit: Ashley Metzger @YourStory.CreativeCo

FÉVRIER 2025 FEBRUARY

DIM SUN	LUN MON	MAR TUE	MER WED	JEU THU	VEN FRI	SAM SAT
<p>JAN</p> <p>DIS LIM MIT MIW JI VIF SIS</p> <p>1 2 3 4</p> <p>5 6 7 8 9 10 11</p> <p>12 13 14 15 16 17 18</p> <p>19 20 21 22 23 24 25</p> <p>26 27 28 29 30 31</p>	<p>MAR</p> <p>DIS LIM MIT MIW JI VIF SIS</p> <p>1</p> <p>2 3 4 5 6 7 8</p> <p>9 10 11 12 13 14 15</p> <p>16 17 18 19 20 21 22</p> <p>23 24 25 26 27 28 29</p> <p>30 31</p>					1
2 Jour de la marmotte Groundhog Day	3	4	5	6	7	8
9	10	11	12	13	14 St-Valentin Valentine's Day	15
16	17 Jour de famille Family Day	18	19	20	21	22
23	24	25	26	27	28	





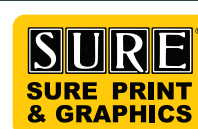
MINDY
 Birth Weight: 600 g
 Marc Labranche

Mindy loves taking pictures and is always smiling. She wore her special Firefighter shirt for the photoshoot!

Photo credit: Ashley Metzger @YourStory.CreativeCo

MARS 2025 MARCH

DIM SUN	LUN MON	MAR TUE	MER WED	JEU THU	VEN FRI	SAM SAT
FÉV / FEB DIS LIM MIT MIW JI VIF SIS 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	AVR / APR DIS LIM MIT MIW JI VIF SIS 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30					1
2	3	4	5	6	7	8
9 <i>Changement d'heure (heure avancée)</i> <i>Daylight Savings Time Begins</i> <i>Test your smoke alarms and change the batteries!</i>	10	11	12	13	14	15
16	17 <i>St-Patrick</i> <i>St. Patrick's Day</i>	18	19	20 <i>1^{er} jour du printemps</i> <i>1st Day of Spring</i>	21	22
23	24	25	26	27	28	29
30	31					





JAMES

Birth Weight: 860 g



Erik Leicht

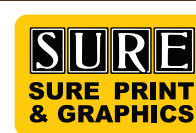
Everyone says he is the most smiley baby! He was very quick to get on the move with no signs of slowing down!



Photo credit: Ashley Metzger @YourStory.CreativeCo

AVRIL 2025 APRIL

DIM SUN	LUN MON	MAR TUE	MER WED	JEU THU	VEN FRI	SAM SAT																																																																																																																
		1	2	3	4	5																																																																																																																
6	7	8	9	10	11	12																																																																																																																
13	14	15	16	17	18 <small>Vendredi Saint Good Friday</small>	19																																																																																																																
20 <small>Pâques Easter</small>	21 <small>Lundi de Pâques Easter Monday</small>	22	23	24	25	26																																																																																																																
27	28	29	30		<table border="1"> <tr><th colspan="7">MAR</th></tr> <tr><td>DIS</td><td>LIM</td><td>MIT</td><td>MIW</td><td>JIT</td><td>VIF</td><td>SIS</td></tr> <tr><td></td><td></td><td></td><td></td><td></td><td></td><td>1</td></tr> <tr><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td></tr> <tr><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td></tr> <tr><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td></tr> <tr><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td></tr> <tr><td>30</td><td>31</td><td></td><td></td><td></td><td></td><td></td></tr> </table>	MAR							DIS	LIM	MIT	MIW	JIT	VIF	SIS							1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31						<table border="1"> <tr><th colspan="7">MAI / MAY</th></tr> <tr><td>DIS</td><td>LIM</td><td>MIT</td><td>MIW</td><td>JIT</td><td>VIF</td><td>SIS</td></tr> <tr><td></td><td></td><td></td><td></td><td></td><td></td><td>1</td></tr> <tr><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td></tr> <tr><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td></tr> <tr><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td></tr> <tr><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td></tr> <tr><td>30</td><td>31</td><td></td><td></td><td></td><td></td><td></td></tr> </table>	MAI / MAY							DIS	LIM	MIT	MIW	JIT	VIF	SIS							1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31					
MAR																																																																																																																						
DIS	LIM	MIT	MIW	JIT	VIF	SIS																																																																																																																
						1																																																																																																																
2	3	4	5	6	7	8																																																																																																																
9	10	11	12	13	14	15																																																																																																																
16	17	18	19	20	21	22																																																																																																																
23	24	25	26	27	28	29																																																																																																																
30	31																																																																																																																					
MAI / MAY																																																																																																																						
DIS	LIM	MIT	MIW	JIT	VIF	SIS																																																																																																																
						1																																																																																																																
2	3	4	5	6	7	8																																																																																																																
9	10	11	12	13	14	15																																																																																																																
16	17	18	19	20	21	22																																																																																																																
23	24	25	26	27	28	29																																																																																																																
30	31																																																																																																																					





XAVIER

Birth Weight: 1460 g



Matt Daley

Xavier est un jeune garçon très aventureux et très énergique. Je peux clairement dire que Xavier est un vrai petit miracle vue les circonstances de ma grossesse.

Photo credit: Ashley Metzger @YourStory.CreativeCo

MAI 2025 MAY

DIM SUN	LUN MON	MAR TUE	MER WED	JEU THU	VEN FRI	SAM SAT
<p>AVR / APR</p> <p>DIS LIM MIT MIW JI VIF SIS</p> <p>1 2 3 4 5</p> <p>6 7 8 9 10 11 12</p> <p>13 14 15 16 17 18 19</p> <p>20 21 22 23 24 25 26</p> <p>27 28 29 30</p>	<p>JUIN / JUN</p> <p>DIS LIM MIT MIW JI VIF SIS</p> <p>1 2 3 4 5 6 7</p> <p>8 9 10 11 12 13 14</p> <p>15 16 17 18 19 20 21</p> <p>22 23 24 25 26 27 28</p> <p>29 30</p>			1	2	3
4 <i>International Firefighters' Day</i>	5	6	7	8	9	10
11 <i>Fête des mères Mother's Day</i>	12	13	14	15	16	17
18	19 <i>Fête de la reine Victoria Day</i>	20	21	22	23	24
25	26	27	28	29	30	31



Photo credit: Ashley Metzger @YourStory.CreativeCo

ZUBAYR
 Birth Weight: 700 g
 Peter Morawski

His name means "strong", and "brave" which we thought was very befitting. He is a strong miracle baby and he has come so far now. Even as a premie, the nurses mentioned he had quite the attitude and personality!

JUIN 2025 JUNE

DIM SUN	LUN MON	MAR TUE	MER WED	JEU THU	VEN FRI	SAM SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15 Fête des pères Father's Day	16	17	18	19	20 1 ^{er} jour de l'été 1 st Day of Summer	21
22	23	24	25	26	27	28
29	30					

MAI / MAY

DIS	LIM	MIT	MIW	JIT	VIF	SIS
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

JUI / JUL

DIS	LIM	MIT	MIW	JIT	VIF	SIS
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31





LUCAS

Birth Weight: 1135 g

Angie Jessiman

Lucas es un petit bébé avec un grand coeur n'importe quel situation que se passe dans la vie il sera toujours là, le sourire au lèvres.

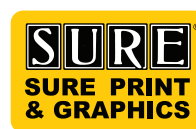
Lucas est très courageux, il n'a pas eu le début de sa vie facile du à l'hospitalisation pendant 98 jours mais rien ne l'empêche d'accomplir c'est objectif et de continuer de se battre comme il le fais si bien depuis le jour 1.

Lucas adore jaser tu fais simplement le regarder et il commence à te crier après jusqu'à temps tu lui parle à ton tour et la il se met à rire et faire des grimaces à baver et vouloir te donner des bisou bref un petit coeur en or.

Photo credit: Ashley Metzger @YourStory.CreativeCo

JUILLET 2025 JULY

DIM SUN	LUN MON	MAR TUE	MER WED	JEU THU	VEN FRI	SAM SAT																																																																																																									
		1 Fête du Canada Canada Day	2	3	4	5																																																																																																									
6	7	8	9	10	11	12																																																																																																									
13	14	15	16	17	18	19																																																																																																									
20	21	22	23	24	25	26																																																																																																									
27	28	29	30	31	<table border="1"> <tr><th colspan="7">JUN / JUN</th></tr> <tr><td>DIS</td><td>LIM</td><td>MIT</td><td>MIW</td><td>JIT</td><td>VIF</td><td>SIS</td></tr> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td></tr> <tr><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td></tr> <tr><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td></tr> <tr><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td></tr> <tr><td>29</td><td>30</td><td></td><td></td><td></td><td></td><td></td></tr> </table>	JUN / JUN							DIS	LIM	MIT	MIW	JIT	VIF	SIS	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30						<table border="1"> <tr><th colspan="7">AOÛ / AUG</th></tr> <tr><td>DIS</td><td>LIM</td><td>MIT</td><td>MIW</td><td>JIT</td><td>VIF</td><td>SIS</td></tr> <tr><td></td><td></td><td></td><td></td><td></td><td></td><td>1 2</td></tr> <tr><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> <tr><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td></tr> <tr><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td></tr> <tr><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td></tr> <tr><td></td><td></td><td></td><td></td><td></td><td></td><td>31</td></tr> </table>	AOÛ / AUG							DIS	LIM	MIT	MIW	JIT	VIF	SIS							1 2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30							31
JUN / JUN																																																																																																															
DIS	LIM	MIT	MIW	JIT	VIF	SIS																																																																																																									
1	2	3	4	5	6	7																																																																																																									
8	9	10	11	12	13	14																																																																																																									
15	16	17	18	19	20	21																																																																																																									
22	23	24	25	26	27	28																																																																																																									
29	30																																																																																																														
AOÛ / AUG																																																																																																															
DIS	LIM	MIT	MIW	JIT	VIF	SIS																																																																																																									
						1 2																																																																																																									
3	4	5	6	7	8	9																																																																																																									
10	11	12	13	14	15	16																																																																																																									
17	18	19	20	21	22	23																																																																																																									
24	25	26	27	28	29	30																																																																																																									
						31																																																																																																									





RHIANNON

Birth Weight: 902 g

Alex Durmann

Despite odds being against her she is persistent. A NICU "superstar" whose shown time and time again she's a fighter and will conquer every obstacle ahead of her; and a bathtub-born baby who is obsessed with duckies.

Photo credit: Ashley Metzger @YourStory.CreativeCo

AOÛT 2025 AUGUST

DIM SUN	LUN MON	MAR TUE	MER WED	JEU THU	VEN FRI	SAM SAT
<p>JUL / JUL</p> <p>DIS LIM MIT MIW JIT VIF SIS</p> <p>1 2 3 4 5</p> <p>6 7 8 9 10 11 12</p> <p>13 14 15 16 17 18 19</p> <p>20 21 22 23 24 25 26</p> <p>27 28 29 30 31</p>	<p>SEP</p> <p>DIS LIM MIT MIW JIT VIF SIS</p> <p>1 2 3 4 5 6</p> <p>7 8 9 10 11 12 13</p> <p>14 15 16 17 18 19 20</p> <p>21 22 23 24 25 26 27</p> <p>28 29 30</p>				1	2
3	4 Congé civic Civic Holiday	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						





MARIETJE

Birth Weight: 690 g



Lance Kilfoyl

Her best friends are a donkey named Hugo and a dog named Nala. Her favourite things to do are swimming and car rides.



Photo credit: Ashley Metzger @YourStory.CreativeCo

SEPTEMBRE 2025 SEPTEMBER

DIM SUN	LUN MON	MAR TUE	MER WED	JEU THU	VEN FRI	SAM SAT
	1 Fête du travail Labour Day	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22 1 ^{er} jour de l'automne 1 st Day of Autumn	23	24	25	26	27
28	29	30 Journée nationale de la vérité et de la réconciliation Truth and Reconciliation Day				

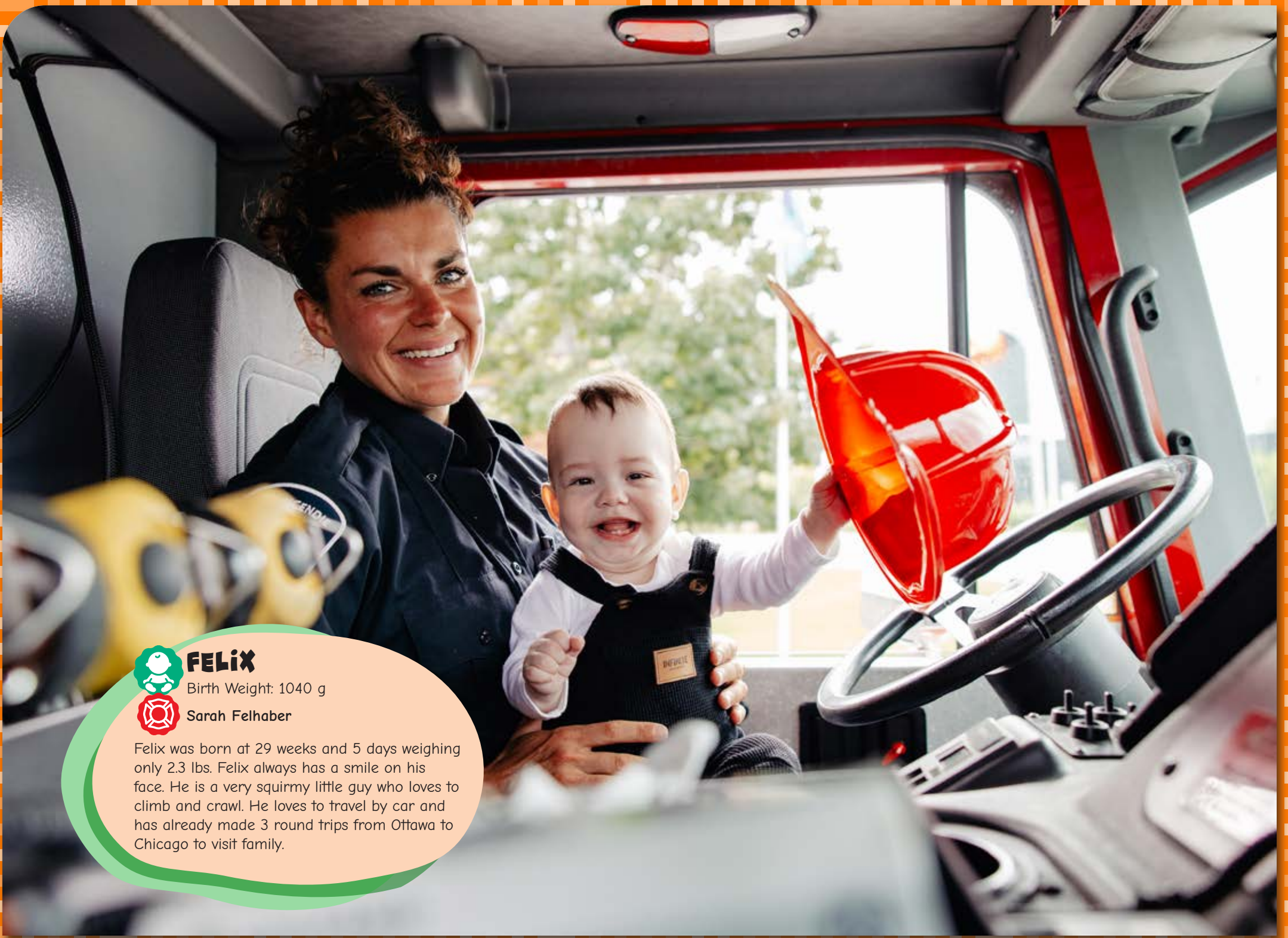
AOÛ / AUG

DIS	LIM	MIT	MIV	JIT	VIF	SIS
				1	2	
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

OCT

DIS	LIM	MIT	MIV	JIT	VIF	SIS
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31





FELIX

Birth Weight: 1040 g



Sarah Felhaber

Felix was born at 29 weeks and 5 days weighing only 2.3 lbs. Felix always has a smile on his face. He is a very squirmy little guy who loves to climb and crawl. He loves to travel by car and has already made 3 round trips from Ottawa to Chicago to visit family.

Photo credit: Ashley Metzger @YourStory.CreativeCo

OCTOBRE 2025 OCTOBER

DIM SUN	LUN MON	MAR TUE	MER WED	JEU THU	VEN FRI	SAM SAT
<p>SEP</p> <p>DIS LIM MIT MIW JI VIF SIS</p> <p>1 2 3 4 5 6</p> <p>7 8 9 10 11 12 13</p> <p>14 15 16 17 18 19 20</p> <p>21 22 23 24 25 26 27</p> <p>28 29 30</p>	<p>NOV</p> <p>DIS LIM MIT MIW JI VIF SIS</p> <p>1</p> <p>2 3 4 5 6 7 8</p> <p>9 10 11 12 13 14 15</p> <p>16 17 18 19 20 21 22</p> <p>23 24 25 26 27 28 29</p> <p>30</p>	1	2	3	4	
5	6	7	8	9	10	11
12	13 Action de grâces Thanksgiving	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31 Halloween	





ANHAD & NAUNIDH

Birth Weight: 1080 & 780 g

Matt & Kim Mountain

Anhad is full of surprises and new mischief every day, this little one keeps us smiling and on our toes!

Naunidh, the quiet little twin with a sweet smile, fills our hearts and completes our life.



Photo credit: Ashley Metzger @YourStory.CreativeCo

NOVEMBRE 2025 NOVEMBER

DIM SUN	LUN MON	MAR TUE	MER WED	JEU THU	VEN FRI	SAM SAT
OCT <small>DIS LIM MIT MIV JIT VIF SIS</small> 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	DÉC / DEC <small>DIS LIM MIT MIV JIT VIF SIS</small> 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31					1 Carbon Monoxide Awareness Week
2 <i>Changement d'heure (heure normale) Daylight Savings Time Ends</i> <i>Test your smoke alarms and change the batteries!</i>	3	4	5	6	7	8
9	10	11 <i>Jour du souvenir Remembrance Day</i>	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						



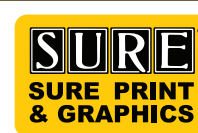
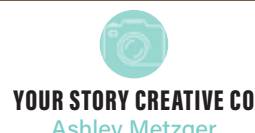


iSABELLA
 Birth Weight: 820 g
 Vince Cossette
 Something special: Isabella's unofficial first word was "onion"!

Photo credit: Ashley Metzger @YourStory.CreativeCo

DÉCEMBRE 2025 DECEMBER

DIM SUN	LUN MON	MAR TUE	MER WED	JEU THU	VEN FRI	SAM SAT																																																																																																														
	1	2	3	4	5	6																																																																																																														
7	8	9	10	11	12	13																																																																																																														
14	15	16	17	18	19	20																																																																																																														
21 1 ^{er} jour de l'hiver 1 st Day of Winter	22	23	24	25 Noël Christmas	26 Lendemain de Noël Boxing Day	27																																																																																																														
28	29	30	31 Veille du jour de l'an New Year's Eve	<table border="1"> <tr> <th colspan="7">NOV</th> <th colspan="7">JAN (2026)</th> </tr> <tr> <td>DIS</td><td>LIM</td><td>MIT</td><td>MIW</td><td>JIT</td><td>VIF</td><td>SIS</td> <td>DIS</td><td>LIM</td><td>MIT</td><td>MIW</td><td>JIT</td><td>VIF</td><td>SIS</td> </tr> <tr> <td></td><td></td><td></td><td></td><td></td><td></td><td>1</td> <td></td><td></td><td></td><td>1</td><td>2</td><td>3</td> </tr> <tr> <td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td> <td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td> </tr> <tr> <td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td> <td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td> </tr> <tr> <td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td> <td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td> </tr> <tr> <td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td> <td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td> </tr> <tr> <td></td><td></td><td></td><td></td><td></td><td></td><td>30</td> <td></td><td></td><td></td><td></td><td></td><td></td> </tr> </table>		NOV							JAN (2026)							DIS	LIM	MIT	MIW	JIT	VIF	SIS	DIS	LIM	MIT	MIW	JIT	VIF	SIS							1				1	2	3	2	3	4	5	6	7	8	4	5	6	7	8	9	10	9	10	11	12	13	14	15	11	12	13	14	15	16	17	16	17	18	19	20	21	22	18	19	20	21	22	23	24	23	24	25	26	27	28	29	25	26	27	28	29	30	31							30							
NOV							JAN (2026)																																																																																																													
DIS	LIM	MIT	MIW	JIT	VIF	SIS	DIS	LIM	MIT	MIW	JIT	VIF	SIS																																																																																																							
						1				1	2	3																																																																																																								
2	3	4	5	6	7	8	4	5	6	7	8	9	10																																																																																																							
9	10	11	12	13	14	15	11	12	13	14	15	16	17																																																																																																							
16	17	18	19	20	21	22	18	19	20	21	22	23	24																																																																																																							
23	24	25	26	27	28	29	25	26	27	28	29	30	31																																																																																																							
						30																																																																																																														





BRADY

Weight: 88,450 g



Ross Plaskoski

Brady's best friends are Mauler, Rush and Jenni. He can't sleep without hugging each of his plants goodnight. He is prone to voice cracks and spends a lot of time in his shame corner.



Photo credit: @OttawaFirePhotography

JANVIER 2026 JANUARY

DIM SUN	LUN MON	MAR TUE	MER WED	JEU THU	VEN FRI	SAM SAT
DÉC / DEC (2025) <small>DIS LIM MIT MIW JIT VIF SIS</small> 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	FÉV / FEB (2026) <small>DIS LIM MIT MIW JIT VIF SIS</small> 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28			1 Jour de l'an New Year's Day	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31





The Morning Hot Tub with Mauler, Rush, Jenni & Brady!

Smart, funny, informative, goofy, special, engaging, lovable, charming, groundbreaking, topical, witty, hysterical, humorous, knowledgeable, warm and amusing!

These are just some of the words, we wish people would use to describe the show. Maybe one day.

Tune in to Ottawa's #1 radio morning show! Weekday mornings from 6:00am – 10:00am on the New Hot 89.9. Don't forget to check out the Hot Tub Podcast as well!

📧 @NewHot899 | hot899.com



With 25 years of experience, Roxanne Emery is your trusted real estate agent dedicated to helping you find the perfect home. Roxanne Emery has proudly assisted countless first responders in finding their forever homes, understanding their unique needs and providing unwavering support throughout the process.

Whether you're buying or selling, Roxanne's personalized approach ensures you feel supported every step of the way.

Let her expertise guide you to your forever home!

C-613-850-0774 | D-613-238-2801 | www.RoxanneEmery.ca



Brant Matthews is the FireGuy Show and he's the hottest ticket in entertainment.

An expert in fire juggling and fire eating, he's literally lit. Check out his claim to flame at:

www.fireguyshow.com | 416-300-3473



William Briere (also known as DJWilkshake) has been DJ'ing in Ottawa/Gatineau and the surrounding area for 8 years. His setlists contain music from all genres and are geared to make you and your crowd dance the night away.

Check his availability by sending him an event booking request.

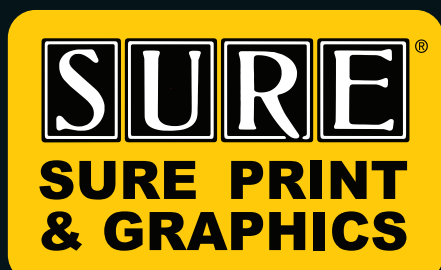
✉ djwilkshake@gmail.com

📷 @DJWILKSHAKE



With six locations in Ottawa, Firehouse Sub's mission is to carry on their commitment to, and passion for:

Hearty and Flavorful Food, Heartfelt Service and Public Safety.



SURE Print & Graphics is an Ottawa-based print company established in 1992. They are dedicated to delivering top-quality products and services in printing, direct mail campaigns, signs, branded apparel, and promotional products.

They are truly honoured to be the printer and designer of this calendar in support of Ottawa's brave first responders and the great NICU department at the Ottawa Hospital.



YOUR STORY CREATIVE CO
Ashley Metzger

Hi, I'm Ashley! I'm a mom, avid reader, and firm believer in magic. I focus my skills on family photography and elopements/weddings. I genuinely adore kids in all their silliness and stubbornness, and capturing their love for you and your love for them. Climbing mountains and frolicking in fields are also my jam, hence the love of elopement photography!

Let's capture the magic of your love story every step of the way!

www.yourstorycreativeco.com | 613-799-2556